

AOTrauma Europe Masters Course—Pilon Fractures (Course with Anatomical Specimen Dissection)

04 Apr 2019 - 05 Apr 2019, Brno, Czech Republic

Thursday, 04 Apr 2019 (Day 1)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
08:30	09:00	Other Participant registration			30
09:00	09:15	Opening remarks Welcome and introduction to the course	Martin Poeze; Fabian Stuby		15
09:15	13:15	Module 1: Anterior approaches to the pilon fractures	Martin Poeze		240
09:15	10:15	Discussion (small group) Discussion group 1 Simple pilon fractures	Jan Bartoníček; Thomas Freude; Martin Kloub; Stephen Mitchell; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		60
10:15	10:30	Lecture Vascular anatomy of distal tibia and talus	Jan Bartoníček		15
10:30	10:45	COFFEE BREAK			15
10:45	11:00	Lecture Fracture development and biomechanics	Thomas Freude		15
11:00	11:15	Lecture Case-based lecture—external fixation and surgical approaches	Martin Kloub		15
11:15	13:15	Workshop (cadaver) Anatomical specimen laboratory 1 - External fixator (M Kloub) - Anteromedial/anteromedial approach (S Mitchell) - Anterior dissection (J Bartoníček)	Jan Bartoníček; Thomas Freude; Martin Kloub; Stephen Mitchell; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		120
13:15	14:15	LUNCH BREAK			60
14:15	18:00	Module 2: Posterior approaches to the pilon fractures	Fabian Stuby		225

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Start	End	Title	Moderators/Faculty	Location/Documents	Duration
14:15	15:15	Discussion (small group) Discussion group 2 Complex cases, posterior fragment, and open fractures	Jan Bartoníček; Thomas Freude; Martin Kloub; Stephen Mitchell; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		60
15:15	15:30	Lecture Identify the key fragment and choose the approach	Martin Poeze		15
15:30	15:45	Lecture Fibula fixation—yes or no, when, how, and open reduction and internal fixation (ORIF) versus minimally invasive plate osteosynthesis (MIPO)	Jan Bartoníček		15
15:45	16:00	Lecture Case-based lecture—tips and tricks for obtaining and retaining reduction	Christoph Sommer		15
16:00	16:15	COFFEE BREAK			15
16:15	17:45	Workshop (cadaver) Anatomical specimen laboratory 2 - Posteromedial (C Sommer) - Posterolateral (T Freude) - Posterior dissection (T Wright)	Jan Bartoníček; Thomas Freude; Martin Kloub; Stephen Mitchell; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		90
17:45	18:00	Closing remarks Summary of day, evaluation	Martin Poeze; Fabian Stuby		15

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Friday, 05 Apr 2019 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
09:00	16:00	Module 3: Complications in pilon fractures	Christoph Sommer		420
09:00	10:00	Discussion Plenary case discussion—bring your worst case and be honest	Jan Bartoníček		60
10:00	10:15	COFFEE BREAK			15
10:15	10:30	Lecture Infection and nonunion	Martin Kloub		15
10:30	10:45	Lecture Posttraumatic varus valgus deformity	Thomas Freude		15
10:45	11:00	Lecture Arthrodesis or joint preservation	Christoph Sommer		15
11:00	13:00	Workshop (cadaver) Anatomical specimen laboratory 3 - Anterior approach (T Freude) - Nail arthrodesis (C Sommer)	Jan Bartoníček; Thomas Freude; Martin Kloub; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		120
13:00	14:00	LUNCH BREAK			60
14:00	15:00	Discussion (small group) Discussion group 3 Management of complications	Jan Bartoníček; Thomas Freude; Martin Kloub; Stephen Mitchell; Martin Poeze; Christoph Sommer; Fabian Stuby; Tom Wright		60
15:00	15:15	Lecture Case-based lecture—management of late complications in pilon fractures	Fabian Stuby		15

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Friday, 05 Apr 2019 (Day 2)					
Start	End	Title	Moderators/Faculty	Location/Documents	Duration
15:15	15:30	Lecture Case-based lecture—soft-tissue management and defect coverage in pilon fractures	Tom Wright		15
15:30	16:00	Closing remarks Summary of the day, evaluation, closing remarks, and distribution of certificates	Martin Poeze; Fabian Stuby		30